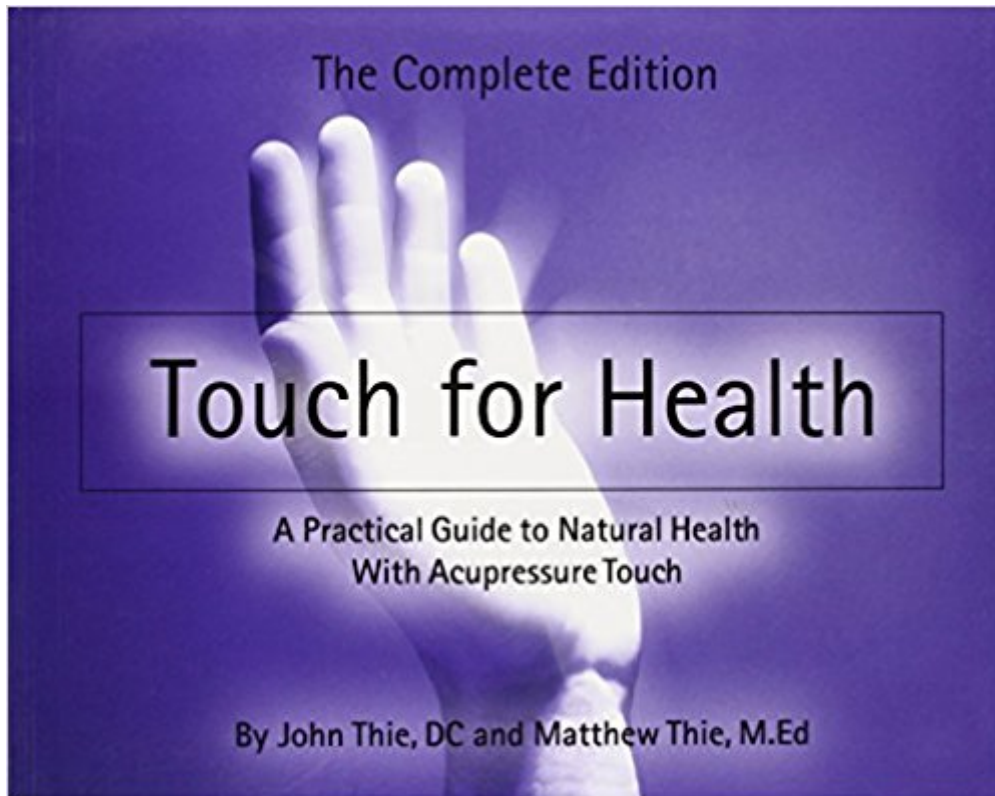




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Touch For Health - Paperback Edition



Synopsis

The Complete Edition: A Practical Guide to Natural Health with Acupressure Touch and Massage Same text - new sturdy paperback edition. Includes Updated Color Photographs and Illustrations. With over 1 million copies in print since 1973, John Thie's Touch for Health started a phenomenon that has flourished worldwide to help more than 10 million people in over 40 countries restore their natural healing energies and enjoy vibrant health through his unique treatment of posture and muscle balancing that combines simple aspects of acupressure touch and massage. From this book, you will learn the techniques that chiropractors, alternative health specialists, athletic trainers, and massage therapists have found invaluable in preventive health-care treatment.

Book Information

Paperback: 370 pages

Publisher: Devorss & Co.; Paperback edition (May 18, 2012)

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Shipping Weight: 2.6 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 61 customer reviews

Best Sellers Rank: #68,200 in Books (See Top 100 in Books) #26 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #41 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage #76 in Books > Health, Fitness & Dieting > Alternative Medicine > Energy Healing

Customer Reviews

John Thie, DC was president of the Touch For Health Foundation after having led the Thie Chiropractic Clinic for 35 years as a director in Pasadena, California. With degrees from USC, the Los Angeles College of Chiropractic, and UCLA, he served on the faculties of many Southern California universities, where his treatment and technique gained recognition throughout the world. Despite his recent passing in 2005, Touch for Health will live forever in the hearts of his colleagues and practitioners for years to come. Matthew Thie collaborated directly with his father since 1996, developing healing protocol, writing articles, and working with students.

This technology really works. I use the data in this book daily to keep myself and my friends free from pain and able to work in comfort. I work with horses and do lots of lifting, bending, stretching, and general physical work. I discovered this technology when I went to an Applied Kinesiology trained chiropractor who helped me a lot. He unfortunately no longer practices so I started reading books about the subject. This book is the best I have found. I do recommend the spiral bound edition of this book over the paperback. I gave my spiral bound one to a friend and ordered a new one for myself. The paperback is fine but the other had a plastic cover and was more durable. I only use the physical handlings for working with the muscles and I am not a fan of the subjective questions that are included but those can be skipped over easily. I would recommend this book to anyone who thinks they have muscle pain or weakness and wants a natural way to address it.

Love this book and the method to help someone in pain. Would love to go to his school for the whole experience, but.... Gave this to my Bowen therapist and she know how to administer effectively. Opened some new levels for her therapy.

This book gives such great instructions and photos of the correct points to hold, especially tracing the meridians. I highly recommend it!

A must read for all alternative medicine students.

Great book!!!

one of the most user-friendly and helpful reference guides in my library! John Thie was an amazing pioneer in the bodywork sciences!

If you want to have a deep comprehension about energy medicine and applied kinesiology, this is the book! Lots of photos with instructions. Dr. Thie's work is astonishing!

Book was as expected, would have preferred the spiral bound one for ease of use but it was more expensive & unavailable for order. I have only taken TFH 1&2 and wanted to see where 3&4 were headed so I can be prepared.

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Touch for Health: A Practical Guide to Natural Health Using Acupressure Touch and Massage

Health Communication: From Theory to Practice (J-B Public Health/Health Services Text) - Key words: health communication, public health, health behavior, behavior change communications
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